	EMPOWERING BELIEFS	LIMITING BELIEFS	
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V			

This is too hard.	This will be challenging but I'll keep at it.	He's just smarter than I am.	I give up.	I'm on the right track.	I should try a different strategy.
I am so good at this.	I am working really hard at this.	I'll never be good at this anyway.	I'm never going to get good at this.	I'm going to have to think through this one more carefully.	Tomorrow I will get a fresh look at this.